



Where Does Our Food Come From?

Using National Geographic's interactive **Planet Food** game, we'll discover how far our food travels before it makes its way to our plates!

Goal: After doing this activity you'll have a better understanding of the resources that go into growing and transporting our food.

Vocab and Definitions

Natural Resource: A material that occurs naturally on Earth that humans can use. An example of a natural resource is water.

Instructions

1. Click the link below to open National Geographic's Planet Food game in your web browser.
Link: <https://www.nationalgeographic.org/media/planet-food/>
2. Select the "Make a Meal" game option.
3. Play the game while completing the questions on the worksheet. See how many meals you can make! Try to make a meal where everything is grown in the United States. You can also make a meal where everything is grown in different countries!



Where Does Our Food Come From Worksheet

1. Use the game options to build any kind of meal you want. In the boxes below, write down each kind of food you selected.
2. The game will show you a map with pinpoint to where the foods you selected are grown and produced. In the column below labeled "Where is it Grown," write down all of the different places each kind of food is grown.
3. Underline the locations that are farthest from San Diego.
4. Circle the locations that are closest to San Diego.

Food	Where is it Grown?